

|                 |                             |                     |             |
|-----------------|-----------------------------|---------------------|-------------|
| <b>Product</b>  | PureProtein                 |                     |             |
| <b>Category</b> | 75% Pure Protein Supplement | <b>Servings</b>     | 20 Servings |
| <b>Size</b>     | 2.2 lbs (1 kg)              | <b>Serving Size</b> | 50 g        |
| <b>Flavour</b>  | Chocolate                   | 6009650070122       |             |
| <b>Flavour</b>  | Strawberry                  | 6009650070214       |             |
| <b>Flavour</b>  | Vanilla                     | 6009650071396       |             |

**Product Information**

Bmax **PureProtein** is a source of additional protein supplementation to be used during low fat, low carbohydrate diets. PureProtein consists of a blend of Soy Protein Isolate, Whey Protein Concentrate, and Whey Protein Isolate and contains no added sugar. **PureProtein** ranks low on the glycemic index (GI) < 45.

**Unique Benefits & features**

- High Protein > 75%
- Low Carbohydrates < 8%
- Very low Fat < 4%
- No Sugars
- No Preservatives
- Very Low GI (Glycemic Index)

**Directions for use**

Add 2-heaped scoops (+/- 50 g) of PureProtein to 350 ml of water (or skimmed / fat free milk) and shake well. Add skimmed milk or water to taste.

For a thicker creamier effect, add 2 x heaped scoop of PureProtein to 350 ml of skimmed milk in a blender. You may also add fruit or cereal if so desired. Blend and add fluid to taste.

**Recommendation**

PureProtein is ideal for use as a pure protein, low fat / low carb. supplement during weight management programs in conjunction with a balanced meal and proper exercise.

**Notice**

Consult with your healthcare professional for advice before taking any dietary supplement. Increase your daily water intake when using protein supplementation.



## Storage

Close container firmly after use and store in a cool, dry place.

## Ingredients

**Protein** (Whey Isolate, Whey Concentrate, Soy Isolate). **Vitamins:** Vitamin A, Vitamin D, Vitamin E, Vitamin C, Thiamine (B1), Riboflavin (B2), Nicotinamide, Pyridoxine (B6), Folic Acid, Vitamin B12, Biotin, Pantothenic Acid. **Approved flavourants and colourants.** Stabilizer. Sodium Saccharin and Sodium Cyclamate (Non-nutritive sweeteners).

## Nutritional Facts

Serving size: 2 heaped scoop +/- 50 g

| Typical Amount per           | 50 g      | RDA % | 100 g    |
|------------------------------|-----------|-------|----------|
|                              | 182 kcal  |       | 364 kcal |
| <b>Total Protein</b>         | 37.50 g   |       | 75.00 g  |
| <b>Total Carbohydrate</b>    | 3.72.00 g |       | 7.44 g   |
| <b>Total Fat</b>             | 1.93 g    |       | 3.86 g   |
| Saturated Fat (Less than)    | 0.28 g    |       | 0.56 g   |
| Poly- & mono unsaturated Fat | 0.90 g    |       | 1.80 g   |
| Cholesterol                  | 0.00 g    |       | 0.00 g   |
| <b>Sodium</b>                | 200 mg    |       | 400 mg   |
| <b>Multi-Vitamins</b>        |           | 33%   | 66.67 mg |

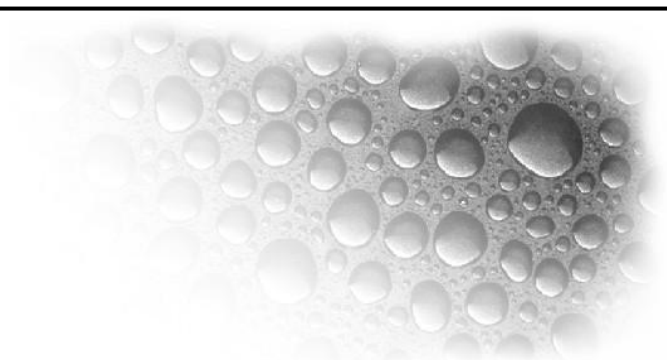
## Multi-Vitamin 66.67 mg per 50 g Serving

|                       |              |      |
|-----------------------|--------------|------|
| Vitamin A             | 333.33 µg RE | 33 % |
| Vitamin D             | 1.67 µg      | 33 % |
| Vitamin E             | 3.33 µg TE   | 33 % |
| Vitamin C             | 20.00 mg     | 33 % |
| Thiamine (B1)         | 0.46 mg      | 33 % |
| Riboflavin (B2)       | 0.53 mg      | 33 % |
| Nicotinamide (B3)     | 6.00 mg      | 33 % |
| Pyridoxine (B6)       | 0.66 mg      | 33 % |
| Pantothenic Acid (B5) | 2.00 mg      | 33 % |
| Vitamin B12           | 0.33 mg      | 33 % |
| Folic Acid            | 0.33 mg      | 33 % |
| Biotin                | 0.033 mg     | 33 % |

## Contact details

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